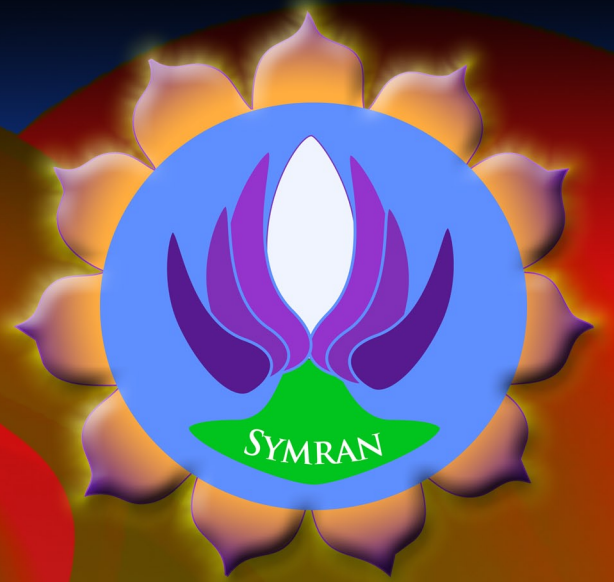


SYMRAN

The emergence of spirituality
Awakening hearts, minds and wisdom



A unique course consisting of a series of ground-breaking talks combined with inspired and transformative experiential learning, enabling you to experience a deep sense peace, joy, clarity and discover your authentic sacred self.

The Symran course has been designed to awaken us to our own proper sense of human spirituality, awakening compassion and enabling self-growth, inner-peace, harmony and interconnectedness through the understanding and practices.

The Symran course is a synthesis of healing, transformation aspects from the fields of Consciousness studies, transpersonal psychology, positive psychology and Eastern wisdom traditions.

The seven core practices for the emergence of spirituality

- 1 Identifying “you” and discovering your souls desire
- 2 Knowing and calming the Mind - Meditation
- 3 Who’s ethics, discovering ethical living
- 4 Sacred Vision, awakening your spiritual vision
- 5 Emotional Wisdom – including transforming negative emotions of fear and anger
- 6 Spiritual Intelligence discovering meaning, wisdom and purpose
- 7 Expression, intention, creativity

by

Davinder Singh Panesar

Researcher in Consciousness studies, Transpersonal Psychology, Mysticism, Shamanism,
Positive Psychology, & Eastern Wisdom Traditions

Venue :

Dates:

What others have to say.....

“wow! Peace beyond emotions, incredible!”
Cristina (26)

“I started to feel something very sweet, in my mind and body.... very pure, literally oozing in and out of me. I opened my eyes and perceived this to be everywhere also, interconnected, in all and beyond. It was as if life was inside of it, and it was inside life.”

Kamal (30)

“....covered such a lot in a most amazing way that I can use for life. ... particularly impressed with the simplicity of the messages.. I am grateful to you and your work as it is a life changing opportunity to reflect on the issues in life in a totally new and helpful way”.

Lin (30's)

“Totally healing.....incredibly simple and incredibly empowering”

Francesca (22)

“This programme does what it says, awaken awaken awaken”

“I cant believe how much I’ve been healed and helped”

(38)

“Intention, abundance, healing and transformation...all wrapped in one”

Maria (28)

“Every man, woman and child should know this it would take so much of the unnecessary suffering”

(32)

To book a place call

